



R&R PHYSICAL THERAPY

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IS LYMPHATIC MASSAGE RIGHT FOR YOU???

WE CAN HELP:

- AFTER SURGERY SWELLING (LIPOSUCTION, BREAST AUGMENTATION/LIFT, FACELIFT, JOINT REPLACEMENT)
 - CELLULITE
 - ABDOMINAL BLOATING/CONSTIPATION
 - CHRONIC FATIGUE SYNDROME
 - MIGRAINE/SINUS HEADACHES
 - DETOXYFY/ENHANCE IMMUNE FUNCTION
 - AFTER TRAUMA (SPRAIN/WHIPLASH/HEMATOMA)
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BENEFITS:

- DECREASE PAIN
 - DECREASE SWELLING
 - IMPROVE LYMPH FLOW
 - DECREASE TOXINS
 - DECREASE BRUISING
 - REDIRECT FLOW AROUND SCARS
 - RELAXATION
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